



# The Initial Initiative: Lesson Plan Adaptation

**Teacher:**

**Date:**

## Overview & Purpose

The goal of this lesson is to provide your students the opportunity to explore who they believe they are, and how our unique differences make our class incredible.

## Objectives

1. Students will create an initial “bracelet” by identifying a word starting with the same letter of their name, that represents who they are.
2. Students will connect their “bracelet” to their classmates’ to form a chain to represent how our classroom needs all of our unique differences to be strong.

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## Materials Needed

1. Colored construction paper cut into small rectangles (for bracelets)
2. Markers/crayons/colored pencils
3. Glue or stapler

## Activity

Introduce to the students the lesson by telling them that every one of us is unique in our own way, (feel free to identify examples). Discuss with your students how our differences are what make us all amazing and beautiful in our own way.

Using the first initial of your name, demonstrate how you ask yourself questions to determine a word that starts with the same letter as your name, that describes who you are. Try to go deep! Push the students to think beyond “fun” or “cool”. Guide them to ask themselves, what really shows who I am inside? Let the students brainstorm and choose a word that describes them.

When they are ready, the students will each choose a colored rectangle slip to create their bracelet. They can decorate it however they choose, as long as one side has their word, (this will be the outside of the bracelet), and the other has their first name. When they are finished, work as a class to create a paper chain with the bracelets.

Discuss how this chain is symbolic and represents how all of our unique qualities make a strong and beautiful chain together. You can hang the chain in the classroom where students can see it to serve as a reminder that every student is important and valued.

